

NBA star Kevin Garnett and his family join the Fourth of July celebration parade in Point Dume.



Sgt. Vanessa Varela escorts WWII veteran Cathryn Williams during the ceremony where she and fellow veterans were honored.



Hip hop artist Shwayze, Sheldon Keeton, Hendrix Smith and Candace Bowen get ready to join the festivities at the parade.

Janet J. Vafaie, MD,FAAD

Board certified dermatologist

Born and raised on a farm in a small town in Ohio, Dr. Janet Vafaie is no stranger to medicine. Her father, the towns only pediatrician, had mentored her and taught her from a very young age. What she learned most from her father was his sincerity, hard work, deep respect, and compassion for all patients. Dr. Vafaie completed a prestigious 7yr BA/MD pro-



gram at The George Washinton University School of medicine in 2003. She then pursued her internship, residency, and fellowship at UC Irvine, NYMC, and UMDNJ. Dr. Vafaie has been practicing dermatology in west la since 2008. Dr Vafaie was an assistant professor at UCLA, but now focuses on private practice as a board certified dermatologist. She travels nation wide lecturing on acne, eczema, and psoriasis to peers and students; she is known as a regional expert in acne and acne research and development. She is well published in various scientific journals, books, and was most recently named "Best of Los Angeles 2013" in the LA magazine.

Diplomat, American Board of Dermatolgy (ABD) AAD, fellow; ASDS, fellow; ASMS, fellow; AMA, member

'Women Involved in Sports Evolution'

Ventura, CA (July 5, 2014), Diane Loring, Executive Director of WISE, (Women Involved in Sports Evolution), and owner of, Spa by Diane Loring, Inc. represented Ventura Tae Ryong and the Great State of California, at the 2014 USA Taekwondo National Championships, winning 2 Gold Medals and a

Bronze Medal! WHO: Diane Loring, Executive Director of WISE, (Women Involved in Sports Evolution) and owner of Spa by Diane Loring, Inc. represented Tae Ryong Taekwondo Ventura and the Great State of California at the, 2014 USA Taekwondo National Championships!



Diane won a Gold Medal in Black Belt Ultra Sparring division, (50-99 years) a Gold Medal in Board Breaking, (60-65 years). Diane also won a Bronze Medal in, World Class 3rd Masters Black Belt division for Poomsae/Forms, (60-65 years).

Diane is coached by trainer and owner of Tae Ryong Taekwondo Ventura, Bill Nesbit. Diane was once again honored to step into the ring and compete against Gold Medal winner, Master Noreen Thackrey, 3rd Masters Blackbelt division for Poomsae Forms and current back to back World Champion, now on her way to a 3rd World Champi-

WHAT: 2014 USA Taekwondo National Championship Tournament, San Jose, CA. There were over 5,500 registrants this year, participating from all over the entire US. WHEN: The 2014 USA Taekwondo National Championship Tournament was held over the July 4th weekend, starting on July 2 and going through July 7th.

WHERE: San Jose Convention Center, 150 West San Carlos Street, San Jose, CA 95113 NEXT UP: Diane has been again honored with an invitation from, 6th Degree Blackbelt, Master Jeffrey Anderson to compete with him at the, 7th Costa Rica Taekwondo Open in August, 2014.

They have twice won Gold Medals for their performances internationally, at the 2011 Pan Am Taekwondo Tournament, Las Vegas and 2014 Canada Open in Montreal. CONTACT: WISE, www.spaventura.com www.womeninsports.org, wisestar@dock.net or call Spa by Diane Loring, Inc. at 805.641.0022.



Nine-year-old Sophia Springer wins a prize for best entrance in the nine- to twelve-year-old category.



Parade participants decked their golf carts out with a variety of red, white and blue items including flags, pinwheels, banners and streamers.

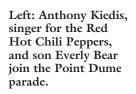
Point Dume 4th of July **Parade**

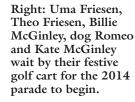


The hard-working Grahek family, Deborah (top), Gabriella and Stephen, have put on the Point Dume Parade for 15 years



Above: Actor John C. Reilly rides his bike in cool Colonel attire.







Malibu Mayor Skylar Peak is joined by actor and Malibu resident John C. McGinley.



Captains Lang, Alma and Ruby Street cheer as they watch the parade go by at the end of the route.





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